



Sermon-based reflections connect the week to the weekend!

Dig deeper into the talk each week, in a small group or independently. Challenge yourself to see how the message actually makes sense and applies to your everyday life.

Message Info: Guide-rails - We Do Less Better to Do More Later, 1/21/24 - *More* sounds good. Today's consumer culture endorses it. More space, more money, more stuff — yes please! But *more* is immeasurable; when is it enough? Buying in lands us in a never-ending pursuit that drains and dissatisfies. Though packaged as a one-size-fits-all solution, *more* is seldom the answer. Thankfully, there is another way. This alternate route results in fulfillment, peace, and purpose. (*Passages: Exodus 18:13-26*)

Discussion Questions: Take your time and dig into these questions.

Do you ever feel like you can't keep up? Or you're up against unreal expectations? Is your schedule overwhelming? Can you take stock while moving so fast? Does it feel like everything depends on you?

Read Exodus 18:13-26. What stands out to you about this passage? Why?

Moses was so wrapped up in the momentum and the mission, he couldn't see that the path he was on (as good as it appeared) had an expiration date. If all the people continued running to him to fix *everything*, burn out was inevitable. Jethro helped Moses see what he had been blind to. Do you think being judge to the nation of Israel was Moses' goal? What does that say about our modes of operation? Are you trying to "save" everyone? Do you take on responsibilities you shouldn't?

Let's use these five takeaways to do less better and more later. Write down some ideas.

1. Narrow your role. What were you designed to do?
2. Ask capable people to help fill in the gaps. Who can help?
3. Discern where those gaps are. What isn't working?
4. Clarify the roles you need help with. Be specific.
5. Set up a better system.

When implementing a healthier system that will stand the test of time, we can expect some resistance. Have grace for yourself and others. Pray as you move into this new approach. Let's steward with excellence. Cross the finish-line victoriously. And, like Moses, we will make it.

Weekly Challenge: Donate to Schuylkill Haven Food bank by bringing a can of hearty soup to church on Sunday.