



Sermon-based small groups connect the week to the weekend!

Dig deeper into the talk each week, while getting connected, cared for and known. Challenge yourself to see how the message actually makes sense and applies to your everyday life and do it with people just like you to support you on your journey.

Message Info: Facing Discouragement, 5/8/22 - As soon as you step out in faith or try to better your life you will face discouragement. We try to shake out off but it doesn't always work. Discouragement hurts. It hurts most when it comes from the people who should be supporting us, the people close to us. This message helps us face discouragement. Know who you are and know whose you are! (Passages: 1 Samuel 17:27-33; James 3:16; Proverbs 11:4)

Discussion Questions: Take your time and dig into these questions.

Have you ever done something positive, hoped you would have been supported and found people were not encouraging, in fact they were discouraging? What happened?

People deal with discouragement differently? How do you try to shake it off? Does it work? Why or why not?

Read 1 Samuel 17:27-33. What sticks out to you about this passage? Why?

David's brother attacks him with discouragement and it escalates in a harsh way. Reread his accusation. Has anyone ever tried to discourage you by questioning your motives or responsibility or by tracking your character or spiritual journey? Was David's response appropriate? What can we learn from David's response?

How can you remind yourself of what is actually true about you when you are facing discouragement? How can knowing what God says about you help?

Saul brought David discouragement too. But it was just because he couldn't see it. How can you tell the difference between the Sauls and the Eliabs in your life?

How can you respond differently to discouragement this week?

Group Challenge: Adopt Sch. Haven or the Tremont Food Pantry. Collect some food to help support these amazing groups. Bring them to your next group. (Leaders contact Ruth - ruth.e.torres0519@gmail.com for more info!